

## **SAMARITAN ANNUAL CONFERENCE 2011 SPIRITUAL RESOURCES IN FAMILY THERAPY**

Please join us at the Samaritan Annual Conference in Denver **August 5, 6, and 7** at the *Warwick Denver Hotel* in downtown Denver, Colorado. The Warwick is a smaller hotel tailored for groups our size that offers us the *lowest package rate* (meeting space, food and lodging) currently available in Denver. It is within easy walking distance of many cultural and social attractions that make Denver a destination of choice.

**You must register with the Warwick Denver Hotel not later than  
July 11, 2011 to be guaranteed the special rate.**

### **CONFERENCE HIGHLIGHTS**

*The material presented at this conference will be of particular interest to executive directors, clinical directors, clinicians, and CCC personnel.*

**Friday August 5, 2011**

**Clergy and Congregation Care Program Enrichment  
*Open to all***

- |  |   |
|--|---|
| 8:15 AM  | Opening Prayer and Introduction   |
| 8:30 AM  | “Samaritan Centers as Fruitful Gardeners: Sustaining Excellence in Faith Community Leaders” <i>Session 1</i> (No CE)<br>The Rev. Dr. Paul Hopkins |
| 9:30 – 10:15 AM  | Small Groups (No CE)  |
| 10:15 – 10:30 AM   | Break   |
| 10:30 – 11:30 AM   | “Samaritan Centers as Fruitful Gardeners: Sustaining Excellence in Faith Community Leaders” <i>Session 2</i> (No CE)<br>The Rev. Dr. Paul Hopkins |
| 11:30 AM – 1:00 PM   | Lunch<br><i>On your Own</i>   |
| <i>Please Plan to Attend One of the Following Workshops:</i> |   |
| 1:00 – 2:30 PM   | Quality and Performance Improvement (1.5 CEs)<br>Dr. Linda LaGanga  |
|  | Suicide Prevention for the Community (1.5 CEs)<br>Dr. Michael Allen   |
|  | The War at Home: Returning Veterans and After-Deployment Struggles (1.5 CEs)<br>The Rev. Dr. Jerry Powell   |
| 2:30- 3:00 PM  | Break   |

**Friday August 5, 2011** *continued*

*Please Plan to Attend One of the Following Workshops:*

- 3:00 – 4:30 PM            **Quality and Performance Improvement (1.5 CEs)**  
                                 **Dr. Linda LaGanga**
- Suicide Prevention for the Community (1.5 CEs)**  
                                 **Dr. Michael Allen**
- The War at Home: Returning Veterans and After-  
Deployment Struggles (1.5 CEs)**  
                                 **The Rev. Dr. Jerry Powell**
- 4:30 – 5:00 PM            **Break**
- 5:00 – 6:00 PM            **Opening Worship**  
                                 **Preacher: The Rev. Dr. Paul Hopkins**  
                                 **Theme: “In the Garden” (No CE)**
- 6:15 – 8:00 PM            **Opening Banquet**  
                                 **Speaker: Dr. Froma Walsh**  
                                 **Theme: “Tapping Spiritual Resources for Healing and  
Resilience: An Introduction” (.50 CE)**

**Saturday August 6, 2011**

- 7:00 - 8:00 AM:            **Breakfast**
- 8:15 – 9:45 AM            **Spiritual Resources in Families and Family Therapy (1.5 CEs)**  
                                 **Dr. Froma Walsh**
- 9:45 – 10:15 AM           **Break**
- 10:15 – 11:45 AM         **Spiritual Resources in Suffering, Healing, and Resilience (1.5 CEs)**  
                                 **Dr. Froma Walsh**
- 11:45 AM – 1:15 PM      **Lunch –Box Lunch Discussion Option(s):  
2012 Accreditation Standards Update (No CE)**
- 1:15 – 2:45 PM            **Spiritual Resources in Recovery from Traumatic Loss (1.5 CEs)**  
                                 **Dr. Froma Walsh**
- 2:45 – 3:15 PM            **Break**
- 3:15 – 5:00 PM            **Health Care Reform & Parity Update (1.75 CEs)**  
                                 **Dr. Carl Clark**
- 5:00 PM                     **Saturday Evening Free Time**
- 6:10 PM                     **Optional: Samaritan Goes to the Rockies**

**Sunday August 7, 2011**

<b>7:00 - 8:00 AM</b>	<b>Breakfast</b>
<b>8:15 - 8:30 AM</b>	<b>Morning Centering Prayer (No CE)</b>
<b>8:30 - 9:00 AM</b>	<b>State of the Samaritan Ministry (No CE) The Rev. R.J. Ross, President/CEO The Samaritan Institute</b>

As always, the Institute Staff will be pleased to suggest free-time options for an afternoon or evening on the town, or assist you with information about *Colorado Vacation Plans* preceding or following the conference.

# **SAMARITAN ANNUAL CONFERENCE 2011**

## **SPIRITUAL RESOURCES IN FAMILY THERAPY**

**August 5, 6, and 7 at the  
*Warwick Denver Hotel in Denver, Colorado***

### **CONFERENCE TOPICS**

#### **Samaritan Centers as Fruitful Gardeners: Sustaining Excellence in Faith Community Leaders** Rev. Dr. Paul Hopkins

How do clergy find ways to sustain the passion and effectiveness of their call, season upon season, crisis upon crisis, pastoral call upon pastoral call, sermon upon sermon? More important, how do clergy “bear fruit that lasts”? How do those crisis responses, pastoral calls, sermons, and seasons of pastoring, provide sustenance to congregations so that *they* will bear fruit well past the leader’s tenure?

Paul Hopkins is a pastoral leader whose own story forms a subtext to the book, another word made flesh. He too, has struggled with the question, “How can my ministry make a lasting difference?” He has endured seasons of profound discouragement and clinical depression. He has planted fruitful ministries in the church as well as in pastoral counseling. As the former executive director of the Samaritan Counseling Center in Albuquerque, New Mexico, Hopkins’ leadership provides a breathing example of fruit that lasts.

#### **Quality and Performance Improvement**

Dr. Linda LaGanga

The workshop presents principles of quality and process improvement. Participants will engage in interactive exercises to apply selected approaches and tools of quality.

The targeted practice category for this workshop is an intermediate to advanced level.

Topics include:

1. The Deming Wheel for Continuous Improvement: Plan, Do, Check, Act
2. The Six Sigma Cycle of Define, Measure, Analyze, Improve, and Control
3. Choosing Appropriate Measures
  - a. Examples from a clinical peer review process
  - b. Examples from lean process improvement projects
4. Developing a Quality Improvement Plan
  - a. Involving staff
  - b. Engaging the Center’s Board of Directors
5. The Tools of Quality
  - a. Overview of tools and use for “democratizing statistics”
  - b. Flow Charts for Process Improvement
  - c. Pareto Charts for Organizing Data
  - d. Brainstorming
  - e. Cause-and-Effect Diagrams and Analysis
  - f. Control Charts
6. Resources for Continuous Improvement

**Learning Objectives. This workshop is designed to help participants:**

1. Analyze their current approaches to quality improvement
2. Select appropriate activities to strengthen your quality improvement program
3. Develop and interpret flow charts to improve processes
4. Facilitate effective brainstorming sessions
5. Apply tools of quality for problem solving and process improvement
6. Develop effective quality improvement plans
7. Find and utilize resources for training and dissemination of QI tools

**Suicide Prevention for the Community**

Dr. Michael Allen

This presentation will cover suicide as a public health problem and review the elements of community level prevention. The program will provide an overview of suicidal behavior, tools to assess community readiness for prevention efforts and evidence based approaches to prevention at the organizational and community level. It is designed for those who wish to become more active in prevention efforts. An overview of the National Strategy for Suicide Prevention as it relates to Samaritan Centers will provide the framework. Central elements of prevention include public awareness and education, identification of populations at elevated risk, gatekeeper training, clinician training and certification, universal, selected and indicated screening in various settings and safety net development.

The targeted practice category for this workshop is entry level to intermediate.

**Learning Objectives. This workshop is designed to help participants:**

1. Describe the frequency and impact of various forms of suicidal behavior
2. Measure community readiness to address suicidal behavior
3. Describe elements of the National Strategy for Suicide Prevention as it applies to Samaritan Centers
4. Identify targets for suicide prevention efforts
5. Compare and select methods of preparing lay people and professionals for different suicide prevention roles

**The War at Home: Returning Veterans and After-Deployment Strategies**

The Rev. Dr. Jerry Powell

Returning veterans from the Overseas Contingency Operations often come back as different people than when they left. Family members may struggle to know and understand each other. The combined effects of deployment, combat separation, family stressors along with the potential for PTSD and Mild Traumatic Brain Injury may all combine into a difficult environment for a therapist to untangle. This workshop will help clinicians understand the differences between post combat readjustment, PTSD and mild traumatic brain injury and different approaches for clinicians to treat each variance and its impact on the military member, the spouse and family.

Therapists will gain insight in to how to support veterans returning from being a combatant to once again engaging as community members. Combining events and scenarios from the presenters' experiences in a combat zone and mental health center director and therapist, the

workshop will help explain the issues of post combat stress and the struggles of reconnecting with family and community. The use of videotaped interviews of military members and couples after combat experience will assist therapists with a better understanding of the characteristics of these unique family dynamics. Participants will learn about unique assessment tools available for after-combat veterans and how to implement these instruments into therapy.

The targeted practice category for this workshop is an intermediate to advanced level.

**Learning Objectives. This workshop is designed to help participants:**

1. Develop treatment plans that differentiate between Combat/ Operational Stress Reaction and Post Traumatic Stress Disorder
2. Recognize how the “Three Prime Directives” that sustained veterans in combat contribute to emotional disconnection and difficulties in personal life and relationships.
3. Address the treatment differences between PTSD and Mild Traumatic Brain Injury and how these differences must be handled through very different therapeutic modalities.

**Opening Worship Service Sermon  
“In the Garden”**

The Rev. Dr. Paul Hopkins

**Tapping Spiritual Resources for Healing and Resilience**

Dr. Froma Walsh

**Seminar Description**

As neurobiological research documents, spiritual beliefs and practices have profound influence in suffering, healing, and resilience, particularly with major trauma, disruptive changes, and chronic stress. This workshop presents core principles, practice guidelines, and case examples for integrating spirituality in work with couples and families in distress. With multicultural, multi-faith, and family developmental perspectives, we will explore respectful ways to recognize and address spiritual distress that blocks healing and positive growth. We will consider ways for couples and families to find spiritual nourishment and connection both within and outside organized religion, fitting their values and preferences. With video illustration, we'll examine the power of spiritual beliefs, practices, couple/family bonds, and congregational support for meaning making, “mastering the possible” and finding transcendence and transformation in the wake of traumatic loss.

The targeted practice category for this workshop is an intermediate to advanced level.

**Learning Objectives. This workshop is designed to help participants:**

1. Gain a relational perspective on spirituality and ways to integrate the spiritual dimension in couple and family therapy to deepen intimate bonds and support healing and resilience.
2. Learn practice guidelines with distressed couples and families to draw on, and identify spiritual resources, both within and outside formal religion, for personal and relational healing and resilience.
3. Learn assessment and practice guidelines with couples and families to address spiritual sources of suffering and relational distress.

4. Apply multicultural and multi-faith perspectives to work with diverse spiritual beliefs and practices in families, fitting their cultural and spiritual values and preferences; and common issues in interfaith couples and multi-faith families.

### **Health Care Reform and Parity Update**

Dr. Carl Clark

Health Care Reform will move the United States from a “sick care system” to a true health care system where the goal is to keep people healthy and not wait until people are ill to intervene. This shift has important implications for treatment of mental health and substance use disorders. Mental Health and substance use treatments are an essential benefit in health care reform. We will review the four major components of health reform and its implications for behavioral healthcare providers.

The targeted practice category for this workshop is an entry level to intermediate.

### **Learning Objectives. This workshop is designed to help participants:**

1. List and describe the four major components of health care reform.
2. Formulate ideas on how health care reform will impact you either as a provider or as a person seeking health care.
3. Describe the future opportunities that behavioral health care providers can provide primary care practices.
4. Explain the concept of person centered healthcare home.
5. Describe the impact of health care reform on Parity.

### **CONTINUING EDUCATION CREDITS (CEs)**

Continuing Education (CE) credits are being offered through PsychoEducational Resources, Inc. (PER).

Participants may earn 9.75 CE credits.

PER is approved by the American Psychological Association to sponsor continuing education for psychologists. PER maintains responsibility for this program and its content.

PER is an NBCC Approved Continuing Education Provider (ACEP) and a co-sponsor of this program. PER may award NBCC approved clock hours for programs that meet NBCC requirements (Approval #5536). Please check with your state counseling board to see if they accept the NBCC providership.

PER is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. [www.aswb.org](http://www.aswb.org). ASWB Approval Period: 4/15/09 - 4/15/12. Social workers should contact their regulatory board to determine course approval. The following recognize the ASWB program: AK, AL, AZ, CT, DC, DE, GA, ID, IN, IA, KY, MA, MD, MI, MO, MS, MT, NM, NC, ND, NJ, OK, OR, PA, RI, SC, TN, TX, UT, VA, VI, VT, WA, WI, and WY.

PER maintains responsibility for this program and its content.

**To receive CE Certification you must sign-in and out of each workshop within the conference, completing an Evaluation Form for each session and the overall CE Request Form. CE Certifications will be mailed out approximately 4-6 weeks after the conclusion of the conference.**

For additional CE information please call PER at (800) 892-9249 or e-mail [support@per-ce.net](mailto:support@per-ce.net).

If you have special needs, questions, concerns, or to express a grievance please contact Paul Bretz, Institute Executive Vice President and Conference Coordinator at (303) 691-0144 Ext. 611 or e-mail: [PaulBretz@samaritaninstitute.org](mailto:PaulBretz@samaritaninstitute.org).

## CONFERENCE SPEAKERS

### **Froma Walsh, M.S.W., Ph.D.**



Froma Walsh, MSW, PhD, is CCFH Co-Director, Chicago Center for Family Health, and Mose & Sylvia Firestone Professor Emerita, SSA, University of Chicago. She is the leading expert on resilience-oriented practice approaches for personal & relational healing and growth from trauma, loss, & prolonged life challenges of chronic conditions. Her community-based collaborative approach integrates multicultural and multi-faith perspectives. Recent Books: *Spiritual Resources in Family Therapy* (2nd. ed. 2009); *Strengthening Family Resilience* (2nd Ed); *Living Beyond Loss: Death in the Family* (2nd ed.); and *Normal Family Processes: Growing Diversity & Complexity* (3rd.ed.). A recipient of many awards for her distinguished contributions, Past President, American Family Therapy Academy, past Editor of *Journal of Marital & Family Therapy*, she is an inspiring speaker and valued consultant internationally.

### **Michael H. Allen, M.D.**



Dr. Allen attended Florida State University, received his medical degree from the Medical University of South Carolina and trained in psychiatry at the Institute of Living where he served as chief resident. He went on to serve on the faculty of Cornell and later New York University School of Medicine. While at NYU, he developed the model Comprehensive Psychiatric Emergency Program at Bellevue Hospital, mentioned in *New York Magazine's* "Best Hospitals in New York." Currently he is medical director of the University of Colorado Hospital Psychiatry Department and director of research at the Colorado Depression Center, part of the National Network of Depression Centers.

### **Carl Clark, M.D.**



Dr. Carl Clark's early experience with his father's bipolar disorder sparked a commitment to helping people with mental illness regain their lives, dreams and aspirations. As Chief Executive Officer of the Mental Health Center of Denver (MHCD) he leads the organization in "focusing on what people can do, not what they can't do." Dr. Clark is a recognized community mental health leader in Colorado as well as nationally.

In recent years he has led the way in using strengths-based and recovery-focused treatment and services at MHCD. The organization created and utilizes validated instruments to measure mental health recovery and identify patterns to further understand the recovery process. This groundbreaking research is being adopted by other mental health centers in the United States and internationally.



**Rev. Paul E. Hopkins, D.Min.**

Paul E. Hopkins is a pastoral counselor who served as CEO of the Samaritan Counseling Center of Albuquerque for 18 years. Granted a Doctor of Ministry degree in 1983 from Christian Theological Seminary in Indianapolis, Hopkins is an ordained minister of the Christian Church (Disciples of Christ) who has served his denomination nationally as director of family ministries. He is also the recently published author of *Pursuing Pastoral Excellence: Pathways to Fruitful Leadership*, 2011.



**Linda R. LaGanga, Ph.D.**

Linda R. LaGanga is the director of quality systems and operational excellence at the Mental Health Center of Denver. She received her PhD in business administration with a major in operations research and a minor in strategy and entrepreneurship from the University of Colorado at Boulder. She received her MS in operations research and statistics from Rensselaer Polytechnic Institute, an MA in clinical mental health counseling from Rivier College, and her BS in applied mathematics and computer science from the University of Rhode Island. Dr. LaGanga has held senior management positions in the software and health care industries and is a licensed professional counselor who has provided direct clinical services and supervised other clinicians for licensure. She is also certified by the National Board for Certified Counselors.



**Rev. Jerry Powell, D.Min.**

Rev. Jerry Powell, D.Min. is currently the Executive Director of the Fayetteville Family Life Center in Fayetteville, North Carolina. He has been an ordained minister for 36 years and is a retired Army chaplain with 20 years of service in military ministry. Dr. Powell is a Licensed Marriage and Family Therapist and a Licensed Professional Counselor. He is also a Clinical Member and Approved Supervisor for the American Association for Marital and Family Therapy (AAMFT), a NC LPC Supervisor and an Approved Clinical Supervisor (ACS). He is a specialist in working with military personnel and families, and he has extensive experience serving soldiers and families when the soldier has returned from deployment. Dr. Powell holds a Bachelor of Arts degree in Philosophy, a Master of Divinity degree, a Master of Science in Community Counseling, and a Doctor of Ministry.

**REV. R.J. ROSS, M.S.A.**



R.J. Ross, MSA, working with a group of three colleagues, founded the first Samaritan Center in 1972. Since then, he has directed the development of the Samaritan Ministry. He has provided consultation in the establishment of over 80 Samaritan Counseling Centers. Rev. Ross is an ordained minister in the Presbyterian Church (USA) with degrees from Oklahoma State University, McCormick Theological Seminary, and University of Notre Dame. He is particularly interested in the integration of religion and psychology, building upon solid business practices. As President of the Samaritan Institute, his primary areas of responsibility are board development, program leadership, and finance including fund raising.

# **2011 SAMARITAN ANNUAL CONFERENCE REGISTRATION**

**August 5-7, 2011 at the Warwick Denver Hotel in Denver, Colorado**

PLEASE COMPLETE THE ENTIRE FORM (PRINT)

\*Prepare a separate registration form for each person attending the meetings.

CENTER NAME & CITY: \_\_\_\_\_

NAME: \_\_\_\_\_

FIRST NAME on badge if different from above: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

*Please indicate physical address if **no e-mail**.*

GUESTS: \_\_\_\_\_

Family members/significant others coming to Denver but NOT attending Conference sessions

## **PLEASE CHECK THE APPROPRIATE BOXES BELOW**

Session(s) I am attending:

### **FRIDAY**

#### **8:15 to 11:30**

CCC Program Enrichment (*Note: NEW CCC ½ Day CCC Program, Open to All*)

Includes: Breakfast and "Samaritan Centers as Fruitful Gardeners: Sustaining Excellence in Faith Community Leaders"\*

#### **1:00 to 2:30 Select One**

- Quality and Performance Improvement\*
- Suicide Prevention for the Community\*
- The War at Home\*

#### **3:00 to 4:30 Select One**

- Quality and Performance Improvement\*
- Suicide Prevention for the Community\*
- The War at Home\*

Worship and Dinner

### **SATURDAY**

#### **Check ALL Sessions Attending**

- Saturday Breakfast: 7:00-8:00 a.m.
- Seminar with Dr. Froma Walsh\* 8:15 a.m.-2:45 pm
- Health Care Reform & Parity Update\* 3:15-5:00 pm

### **SUNDAY**

- Breakfast, Centering, and State of the Samaritan Ministry

#### **Check ALL that Apply**

- First time attendee
- Leadership Consultation Group (current member)
- Requesting AAPC/NCC approved CEUs
- Requesting PER approved CEs\*, **License Type** \_\_\_\_\_ **License Number** \_\_\_\_\_

My primary Center role(s):

- Executive Director
- Board President
- Clinical Director
- Clinician
- CCC Personnel
- Office Mgmt. Personnel
- Board Member
- Other \_\_\_\_\_

\*See Program descriptions for details.

## ACCOMMODATIONS

The Warwick Denver Hotel, located near the state capitol in downtown Denver, is headquarters for the 2011 Samaritan Annual Conference. The hotel rate for attendees is \$149 per room per night for single or double occupancy plus tax of 14.85%. Phone reservations are made by calling the hotel directly at 1.303.861.2000 or toll free at 1.800.525.2888, 24 hours a day. On-line registration is available by clicking on [Warwick Registration](#); under QUICK RESERVATIONS at the top of the screen enter arrival and departure dates, then click CORPORATE; on that screen in the **Rate Code** section type in **0208SI**; press SEARCH and follow the instructions on the screen. This rate is for Friday and Saturday nights plus three days before or after the conference based on room availability. The hotel accepts all major credit cards and one is needed to guarantee the reservation.

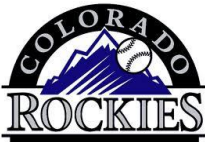
Double occupancy may be available for those wanting to share a room with another conference participant at \$149 per person for the two night stay. If you would like the Institute to assign a roommate, please indicate that on the line below.

### REGISTER AS SOON AS POSSIBLE TO ASSURE YOUR SPACE

*Please complete all applicable boxes:*

<b>Samaritan Annual Conference Fees</b>	
<input type="checkbox"/> <b>Participant</b>	<b>\$355.00</b>
Includes all sessions, workshops, the book <i>Spiritual Resources in Family Therapy Second Edition</i> , continuing education credits, plus the following meals Friday breakfast and evening buffet, Saturday breakfast and lunch, and Sunday breakfast.	
<input type="checkbox"/> You may bring a guest(s) to Friday's buffet; the cost is \$55 per person.	\$ _____
Guest's Name(s) _____	
<b>Total Amount Due</b>	<b>\$ _____</b>

<b>Saturday Box Lunch Options</b>	
<i>Please Choose One</i>	
__ Turkey;    __ Tuna Salad;    __ Vegetarian	

<b>Optional Samaritan Goes to the Rockies</b>	
<b>Saturday, August 6</b>	
	<input type="checkbox"/> <b>Colorado Rockies vs. Washington Nationals 6:10 p.m.</b> <b>\$16.00/ticket</b>
<i>This is a group ticket rate, and seating location may be subject to change based upon interest. The Institute will NOT be purchasing extra tickets. Tickets may also be available at the gate the night of the game.</i>	

Registration form(s) and check(s) for the total amount due should be to the Institute by July 7.

Make check(s) payable to The Samaritan Institute; mail to The Samaritan Institute,  
2696 S. Colorado Blvd., Ste 380, Denver, CO 80222.  
Registration refund requests must be received by July 25.